November 6 th – 10 th	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	Wheat Thins &	Cheerios &	Cinnamon	Whole Grain			
	Fruit	Pears	Greek Yogurt	Cracker & Fruit	School Closed		
AM Snack			Dip & Apples				
			Toddlers				
	Wheat Thins &	Cheerios &	Cinnamon Greek	Whole Grain			
	Fruit	Pears	Yogurt Dip &	Cracker & Fruit	School Closed		
			Apples				
	Split Pea Soup	Cucumber and	Spaghetti with	Chicken,			
Lunch	with Carrots,	Cream Cheese	Meat Sauce &	Veggies and	School Closed		
	Tortilla,	Sandwich,	Peas, Oranges	Rice Soup,			
	Melon & Milk	Apples & Milk	& Milk	Oranges & Milk			
			Preschool				
	Cheese Cubes &	Fruit & Pita	Fruit & Multi-	Yogurt & Melon			
	Pears	Bread	Grain Rice	-	School Closed		
PM Snack			Crackers				
	Toddlers						
	Cheese Cubes &	Fruit & Pita	Fruit & Multi-	Yogurt & Melon			
	Pears	Bread	Grain Wheat		School Closed		
			Crackers				

Weekly Snack & Lunch Menu

November 13 th – 17 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Whole Grain	Bagels with	English Muffin	Cooking	Chex cereal &	
	Crackers & Fruit	Cream Cheese	& Yogurt	Scrambled Eggs	Bananas	
AM Snack				& Milk		
			Toddlers			
	Whole Grain	Bagels with	English Muffin	Cheerios & Milk	Chex cereal &	
	Crackers & Fruit	Cream Cheese	& Yogurt		Bananas	
	Grilled Cheese	Creamy Tomato	Chicken,	Broccoli with	Menu TBD for	
Lunch	Sandwich with	Chicken,	Vegetable, &	Beef & Quinoa	Friendship	
	Spinach,	Vegetable &	Rice/Quinoa	& Brown Rice,	Feast: protein,	
	Apples & Milk	Penne Pasta	Soup,	Melon	fruit/vegetables,	
		Casserole, Pears	Fruit & Milk	& Milk	and milk	
		& Milk				
	Preschool					
	Chex Cereal &	Wheat Thins &	Apples &	Berries, Banana	Greek Yogurt	
	100% Grape	Pears	Pretzels	and Milk	Dip & Carrots	
PM Snack	Juice			Smoothie		
				w/Oats		
	Toddlers					
	Chex Cereal &	Wheat Thins &	Apples & Cereal	Berries, Banana	Greek Yogurt	
	Cottage Cheese	Cottage Cheese		and Milk	Dip & Carrots	
				Smoothie		
				w/Oats		

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

	Wee	kly Snack &	Lunch Menu	J			
November 20 th – 24 th	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
	Wheat Thins	Cooking	Cucumber Slices				
	& Apples	Pancakes &	&	School Closed	School Closed		
AM Snack		Milk	Herb Greek				
			Yogurt Dip				
			Toddlers				
	Wheat Thins		Cucumber Slices				
	&	Pancakes &	&	School Closed	School Closed		
	Apples	Milk	Herb Greek				
			Yogurt Dip				
	Fish sticks, Slice	Quesadillas with	Chicken Quinoa				
Lunch	of Wheat Bread,	Spinach,	& Veggie Soup,	School Closed	School Closed		
	Sautéed	Apples & Milk	Fruit				
	Broccoli,		& Milk				
	Oranges & Milk						
			Preschool				
	Berries, Banana	Cube Cheese &	Wheat English				
	and Milk	Pretzels	Muffin	School Closed	School Closed		
PM Snack	Smoothie		& Apples				
	w/Oats						
	Toddlers						
	Berries, Banana	Cube Cheese &	Wheat English				
	and Milk	Whole Grain	Muffin	School Closed	School Closed		
	Smoothie	Cracker	& Apples				
	w/Oats						

November 27 th – December 1 st	Monday	Tuesday	Wednesday	Thursday	Friday			
	Preschool							
AM Snack	Cheerios & Fresh Fruit	Cereal & Fruit	Cheese Cubes & Apples	<i>Cooking</i> Quesadillas	Wheat Thins & Milk			
			Toddlers					
	Cheerios Fresh Fruit	Cereal & Fruit	Cheese Cubes & Apples	Quesadillas	Wheat Thins & Milk			
	Lentil Soup with	Baked Chicken,	Ground Beef	Vegetable, Beef	Mac & Cheese,			
	Carrots, Tortilla,	Mashed	with Broccoli &	and Rice/Quinoa	Peas & Carrots,			
Lunch	Pears & Milk	Potatoes, Green	Quinoa &	Soup, Oranges	Melon & Milk			
		Beans, Fruit &	Brown Rice,	& Milk				
		Milk	Oranges & Milk					
		Preschool						
	Apples	Pita Bread	Whole Grain	Cheerios &	Wheat English			
	&	With Cream	Crackers	Bananas	Muffin			
PM Snack	Cube Cheese	Cheese	&		&			
			Apples		Pears			
	Toddlers							
	Apples	Pita Bread	Whole Grain	Cheerios &	Wheat English			
	&	With Cream	Crackers	Bananas	Muffin			
	Cube Cheese	Cheese	&		&			
			Apples		Pears			

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December 4 th – 8 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Chex Cereal &	Cheese &	Herb Greek	Milk & Kix	Cooking	
	Apples	Crackers	Yogurt Dip &	Cereal	Tortilla with	
AM Snack			Carrots		Butter & Milk	
			Infant & Toddlers			
	Chex Cereal &	Cheese &	Herb Greek	Milk & Kix	Tortilla with	
	Apples	Crackers	Yogurt Dip &	Cereal	Butter & Milk	
			Carrots			
	Turkey &	Vegetable, Beef	"Chili Con	Meat Lasagna,	Vegetable, Beef	
	Spinach Grilled	and Rice/Quinoa	Carne" Broccoli,	Oranges & Milk	and Rice/Quinoa	
Lunch	Cheese	Soup, Oranges	Oranges & Milk		Soup, Oranges	
	Sandwich, Fruit	& Milk			& Milk	
	& Milk					
	Preschool					
	Whole Grain	Pretzels &	Apples &	Wheat Thins	Cube Cheese &	
	Cracker & 100%	Bananas	Cheerios	& Fruit	Pears	
PM Snack	Pineapple Juice					
			Toddlers			
	Whole Grain	Cheerios &	Apples &	Wheat Thins	Cottage Cheese	
	Cracker &	Bananas	Cheerios	& Fruit	& Pears	
	Cottage Cheese					

December 11 th – 15 th	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Multi-Grain	Chex Cereal &	Apples & Wheat	Cooking	Pita Bread &		
	Rice Crackers	Milk	English Muffin	Scrambled Eggs	Bananas		
AM Snack	&			& Milk			
	Fruit						
			Toddlers				
	Multi-Grain	Chex Cereal &	Apples & Wheat	Cheerios	Pita Bread &		
	Crackers &	Milk	English Muffin	& Milk	Bananas		
	Fruit						
	Fish Sticks,	Mac n 'Cheese	Beef & Broccoli	Chicken,	Spaghetti, Meat		
	Slice of Wheat	Green Beans	Quesadillas,	Vegetable &	Sauce with Peas,		
Lunch	Bread, Celery	Oranges & Milk	Pears & Milk	Quinoa Soup,	Pears & Milk		
	Sticks with			Oranges & Milk			
	Yogurt Dip						
	Melon & Milk						
	Preschool						
	Cheese &	Cereal & Apples	Herb Greek	Berries, Banana,	Yogurt & Whole		
	Cheerios		Yogurt Dip &	Oats and Milk	Grain Crackers		
PM Snack			Cucumber Slices	Smoothie			
	Toddlers						
	Cheese &	Cereal & Apples	Herb Greek	Berries, Banana,	Yogurt & Whole		
	Cheerios		Yogurt Dip &	Oats and Milk	Grain Crackers		
			Cucumber Slices	Smoothie			

Water is served throughout the day and with lunch and snacks- 5:00 PM fruit snack daily <u>Menu Subject to Change</u>

Weekly Snack	Q	lunch	Monu
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December 18 th – 22 nd	Monday	Tuesday	Wednesday	Thursday	Friday	
	litonauj	I dobduj	Preschool	Indibudy	Thuy	
	Multi-Grain	Pears & Wheat	Bagel,	Cooking	Yogurt & Fruit	
	Rice Crackers &	English Muffin	Cream Cheese	Toast with	U	
AM Snack	Melon	C	& Fresh Fruit	Butter &		
				Pears		
			Toddlers			
	Multi-Grain	Pears & Wheat	Bagel,	Toast with	Yogurt & Fruit	
	Crackers &	English Muffin	Cream Cheese	Butter &	-	
	Melon		& Fresh Fruit	Pears		
	Turkey and	Split Pea Soup	Chicken,	"Chili Con	Meat Lasagna,	
Lunch	Cheese	with Carrots,	Vegetable &	Carne,"	Oranges & Milk	
	Sandwich,	Pears & Milk	Quinoa Soup,	Broccoli,		
	Carrots with		Oranges & Milk	Oranges & Milk		
	Yogurt Dip,					
	Apples & Milk					
			Preschool			
	Chex Cereal &	Cheese Cubes &	Wheat Thins	Herb Greek	Pretzels & Pears	
	Bananas	Pretzels	& Fruit	Yogurt Dip &		
PM Snack				Carrots		
	Infant & Toddlers					
	Chex Cereal &	Cheese Cubes &	Wheat Thins	Herb Greek	Wheat Crackers	
	Bananas	Whole Grain	& Fruit	Yogurt Dip &	& Pears	
		Crackers		Carrots		

December 25 th – 29 th	Monday	Tuesday	Wednesday	Thursday	Friday		
	Preschool						
AM Snack	School Closed	School Closed	School Closed	School Closed	School Closed		
			Toddlers				
	School Closed	School Closed	School Closed	School Closed	School Closed		
Lunch	School Closed	School Closed	School Closed	School Closed	School Closed		
	Preschool						
PM Snack	School Closed	School Closed	School Closed	School Closed	School Closed		
	Infant & Toddlers						
	School Closed	School Closed	School Closed	School Closed	School Closed		

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